

Easier Centria socks

Size (37/38, 39/40, 41/42, 43/44)

Needles: 3,5 mm double pointed needles or a long cable needle if you want to use the Magic Loop technique.

Yarn: Gjestal Janne (50g = 100 m) or similar sock yarn '

Pattern

Cast (48, 52, 56, 60) sts. Divide the stitches on four needles evenly and start knitting in the round. Begin ribbing in the round: K2, P2 for 10 rounds. Continue with stockinette stitch in the round for 10 cm.

The heel consists of the heel flap, turning the heel, picking up stitches and decreasing the extra stitches of the heel base.

Heel flap: On the last stockinette stitch round, knit 36 stitches. After this continue knitting on the next needle so that the last (12, 13, 14,15) stitches of the round and the first (12, 13, 14,15) stitches of the next round are on the same needle and form the heel flap. Turn the work, slip the first stitch (do not knit it), and purl the rest of the (23, 25, 27, 29) stitches of the heel flap. Turn the work, slip the first stitch and knit the rest of the stitches. Repeat these rows until the height of the heel flap is (24, 26, 28, 30) rows and the last row is wrong side row.

Turning the heel: Aim of these decreases is to leave the middle (10, 10, 12, 12) stitches and decrease the rest of the stitches (7 sts + 7 sts, 8 sts+ 8 sts, 8 sts+ 8 sts, 9 sts + 9 sts) away from both sides.

Slip the first stitch (do not knit it) and knit (15, 16, 18, 19) stitches. Make a slip knit passover (skp) decrease: slip the next stitch to the right needle, knit the next stitch. Pull the slipped stitch over the knitted stitch and release it. Turn the work.

The wrong side of the decreases: Slip the first stitch and continue purling (8, 8, 10, 10) stitches. Purl the next 2 stitches together. Turn the work.

The right side of the decreases: Slip the first stitch and knit (8, 8, 10, 10) stitches. Make slip knit passover (skp) decrease and turn the work.

Repeat these decreases until you have (10, 10, 12, 12) stitches left on the needle. Knit these stitches one more.

Picking up stitches: Start picking up the stitches from the side of the heel flap. Pick up (14, 15, 16, 17) stitches from the first side. Knit the stitches of the instep and pick up from the other side of the heel flap additional (14, 15, 16, 17) stitches. If you are using double pointed needles, divide the stitches so that the start of the round is in the middle of the heel base. The first and the fourth needle should have (19, 20, 22, 23) stitches. The second and the third needle should have (12, 13, 14, 15) stitches.

The actual heel is complete and the work continues by decreasing the extra stitches of the heel base while knitting the instep stitches. Make the decreases on every other round.

Decreasing round: knit the stitches on the needle until you have 3 stitches left. Knit 2 stitches together and knit the last stitch in a normal way. Knit the stitches of the next two needles. On the fourth needle, knit the first stitch, make a skp decrease (slip 1 stitch, knit on stitch and pull the slipped stitch over the knitted stitch) and continue until the end of the round.

Next round: knit.

Repeat the decreasing round and the knitting round until you have (12, 13, 14, 15) stitches on all needles.

Continue stockinette stitch in the round until your pinky toes are covered by the sock. After this it is time for the toe decreases.

Toe decreases:

K(4, 5, 6, 7), k2tog, repeat *-* 8 times. Knit (4, 5, 6, 7) rounds.

K(3, 4, 5, 6), k2tog, repeat *-* 8 times. Knit (3, 4, 5, 6) rounds.

K(2, 3, 4, 5) k2tog, repeat *-* 8 times. Knit (2, 3, 4, 5) rounds.

In the smallest size there are not many stitches left and you can move to the last two decrease round. In the bigger sizes you can still continue decreasing the stitches the same way as before until you have 6 stitch needles left on every needle. You can increase or decrease the intermediate rounds if needed, to get the right size for your sock. It worth trying on the sock often at this point of the work.

K1, k2tog, repeat *-* 8 times. K2tog the whole round. The work has 8 stitches left. Break the yarn and pull through the remaining stitches. Weave in the yarn ends. Using tapestry needle and chain stitch technique embroider C of Centria.



Soak the finished socks in lukewarm water at least for half an hour and stretch out to dry. You can steam the socks lightly.